

GIA T. CACALANO - CURRICULUM VITAE

PROFESSIONAL ARTIST, DANCER, CHOREOGRAPHER, INSTANT COMPOSER, AND EDUCATOR.
YOGA PRACTITIONER & TEACHER, PILATES MAT® INSTRUCTOR, SOMATIC MOVEMENT EDUCATOR.
EMBODIED PRACTITIONER & SPECIALIZED SENIOR CARE PRACTITIONER.

PERSONAL DETAILS

Gia Thérèse Cacalano
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EDUCATION & CERTIFICATES

2017	Certificate of Graduation: Lisa Clark (Bonnie Bainbridge Cohen) EmbodiYoga, a somatic yoga practice
2017	200RYT Yoga registered yoga practitioner (Yoga Alliance)
2012	Masters in dance / education and performance equivalency
2004	Pilates® Mat certified
1991–1995	company affiliations in performance: Graham, Limon, Anthony, Poppo Shiriashi and The Gogo Boys (Butoh), NYC, NY
1994	LaMama Butoh workshops Maureen Flemming, NYC, NY
1993	choreography/pedagogy/composition course with Anna Sokolow, Mary Anthony, NYC, NY
1986–1991	internship & college credits with <i>Martha Graham School of Contemporary Dance</i> , New York City, NY
1986	Bachelor of Fine Arts (BFA) in dance/education, with honors, from academic and dance scholarship at <i>Marymount Manhattan College</i> (MMC), NYC, NY
1983–1986	Kirov ballet technique with Istvan & Ana Ament of The Choreographic Insti-tute in Cluj, Romania; Norfolk, VA, at Old Dominion University Ballet Co.

WORK EXPERIENCE

2019 - Present	Embodied yoga practioner/ pilates practitioner instructor- The Yoga Hive Pittsburgh PA,
2010 - Present	International summer dance intensive Instructor - somatic movement education, embodied Pilates Fusion, foundational methods of EmbodiYoga - a somatic BMC Hatha Yoga practice
2018 October – present	Collaborative workshops at Club One Fitness Center, Re-establishing intimacy with your body; an ongoing collaborative workshop presenters: Don Drolet , Tai chi and Qigong and Gia T.Cacalano , Experiential Anatomy and EmbodiYoga - a somatic, embryological, BMC, Hatha Yoga practice.
2018 October – present	The Ellis College Preparatory School for Girls Master Workshops in Experiential Anatomy and EmbodiYoga - a somatic, embryological, BMC, Hatha Yoga practice.
2018 August	Chatham College, <i>master's workshop in experiential anatomy</i> .

2018 April – June	Independent contractor, <i>choreographer/mentor, Art team leader</i> The Division of Human Services, 1 Smithfield St., Pittsburgh PA 15222
2018 March	La Roche College Dance Department, <i>Choreographer and Director of student performance</i> , The Byham Theater Pittsburgh, Pennsylvania
2017–present	Yoga on the Square, <i>yoga instructor</i>
2014–present	West Virginia Wesleyan College Governor's School for the Arts, <i>master workshops in dance, instant composition, performance</i>
2014	Manchester Metropolitan University, UK, <i>master ad-hoc workshops in instant composition / performance</i>
2010–2012	The August Wilson Center Dance Company, Pittsburgh, PA, <i>instructor company class</i>
2007–2012	Dance Alloy Company Class, Pittsburgh, PA, <i>dance instructor, body work</i>
2005–present	University of Pittsburgh, School of Education, Physiology, and Physical Activity, Department of Health and Physical Activity, <i>adjunct faculty, Master ad-hoc workshops in instant composition and somatic education</i>
2002–present	CLUB ONE FITNESS, Pittsburgh, PA, <i>yoga / pilates / somatics teacher</i>
2002–2005	Carnegie Mellon University, Physical Education Department, Pittsburgh, PA, <i>adjunct faculty</i>
2002–2004	Pittsburgh Ballet Theatre, Pittsburgh, PA, <i>instructor dance & pilates</i>
2000–2002	New York Sports Club, NYC, NY, <i>group exercise instructor</i>
1996–2002	Center for Modern Dance Education, Hackensack, NJ, <i>dance instructor</i>
1994–1996	Freedom's Bigger Bowl, NYC, NY, <i>co-founder</i> , performances at 92 St Y, NYC, NY, The Stable, Brooklyn, NY, Dance Space, NYC, NY, Mary Anthony Dance Theater, NYC, NY, Jennifer Muller "the works", NYC, NY
1991–1993	Mary Anthony Dance Theater, NYC, NY, <i>company member & scholarship recipient</i>
1983–1986	Old Dominion University Ballet Norfolk, VA, <i>member of corps du ballet</i>

PREVIOUS AND ONGOING PROJECTS [SELECTION]

2019	Virtual instant composer guest dancer for album release "turning jewels into water" Ravish Momin. NYC/Philadelphia,
2018	Speaker/Presenter at the NPN national performance Network art slam conference at the Westin Convention Center, Pittsburgh PA December 2018.
12/2018–3/2019	International dance/film installation residency and live performance instant composition at SPACE gallery curated by Carolina Layola - Garcia December 2018 - March 2019. Pittsburgh PA
March 2019	Premier performance at the Byham Theater; LaRoche College artist-in-residence Performance Event
2017–present	<i>collaborative work</i> with music / dance duo "slowdanger," Pittsburgh Cultural Trust. Pittsburgh, PA
2016–present	LaRoche <i>resident teaching artist</i>
2014–present	echo-system Grisha Coleman's "Treadmill dreamtime running in place," OSU – Columbus, OH, MANCC – Tallahassee, FL, Gibney Dance & Abrams Art Center – NYC, NY, Yerba Buena Center for the Arts – San Francisco, CA, <i>choreographic assistant / dramaturg / research & team leader dance</i>
2014–present	"Frameworks," Pittsburgh Dance Ensemble, <i>founder, administrator, artistic leader</i>

2014–present	Goddess projects: "Sweet Clarity," "Translations," "Mirror Mirror," in collaboration with Jennifer Meridian, Pittsburgh Filmmakers, Andy Warhol Museum, Hazlett Theater, <i>improvisor & performer & composition</i>
2013–present	collaborative work with director, film maker, academic, and artist Carolina Loyola Garcia: "map of love, lake of indifference" 2017: Biennale Film Festival: Venice, Italy 2014: Pittsburgh Center for the Arts <i>performer, improviser, costume design, and composition of movement, performance choreography</i>
2011–present	"Gia T. Presents," International music/dance ensemble, <i>founder, administrator, artistic leader</i>
2011–present	Pittsburgh cultural trust @ WS galleries / SPACE, <i>resident artist</i>
2005–present	University of Pittsburgh, School of Dance Department, <i>guest master teacher</i>
2002–present	<i>mentorship & extensive studies</i> with Vincent Cacalano, senior lecturer and program leader Manchester Metropolitan University, Crew UK & co-founder "magpie" music/dance ensemble, Amsterdam, NL (Katie Duck) and member of the editorial and advisory board of <i>The Journal of Dance and Somatic Practices</i> , see: Katie Duck, Steve Paxton, Nancy Stark, Maida Withers, Michael Schumacher (Forsythe)

COMMUNITY OUTREACH

2019-present	specialized elderly care practitioner/somatic movement educator-Kingsley association community outreach Pittsburgh PA,
2019	Organizer, facilitator, and leader of a somatic, experiential Anatomy, EmbodiYoga , and integrative holistic instant composition and sensory dance art Workshop developed specifically for seniors suffering from dementia and Alzheimer's at the Jewish Association on Aging, Pittsburgh PA,
2018, October – present	<i>Manor Care Assisted Living Facilities</i> , lessons in Experiential Anatomy and EmbodiYoga - a somatic , embryological , BMC hatha yoga practice
2018 – present	<i>Mr. Smalls Theater Production</i> , Pittsburgh, PA: Choreography and Mentor for a social justice platform with creative life support, "We Rock." Director Liz Berlin.
2017 – present	<i>Wilkins School Community Center</i> , Pittsburgh, PA: EmbodiYoga, a somatic practice
2017 – present	<i>PearlArts</i> , Pittsburgh, PA: master classes, performance, ad-hoc workshops, company class guest teacher
2012 – present	<i>Bodiography Center for Movement</i> , Pittsburgh, PA: ad-hoc workshops in instant composition, Ideokinesis, EmbodiYoga, and dance
2012 – present	<i>Kelly-Strayhorn Theater</i> , Pittsburgh, PA: master classes, performance events, community workshops, teaching body work
2010–2012	<i>Union Project</i> , Pittsburgh, PA: body work community classes
1996–2002	<i>Center for Modern Dance Education</i> , New Jersey / NYC: at-risk programs, community classes, gifted and talented

CURRENT FOCUS

- instant composition
- somatic education
- EmbodiYoga

- multimedia collaborative performance
- solo instant composition performance
- workshops and residencies

AWARDS & NOMINATIONS

- *top 10 best dance, international / national dance* in Pittsburgh, PA
- 3 nominations for *Established Dance Artist* for the Heinz Endowments / Pittsburgh Foundation, *Carol R. Brown Award*
- first recipient of the prestigious *BRAZZY Award* for best female dancer (2013), Pittsburgh, PA
- four-time awardee, *Heinz Endowments Small Arts Initiative Grant*

CRITICAL ACCLAIM

"The Wood Street Gallery / SPACE gallery and The Pittsburgh cultural Trust have worked with Gia Cacalano successfully for over 13 years. She's a very talented and dedicated artist. Her work is always warmly received by our audience. We have witnessed the quality of her work and are behind her as an artist with our full support."

Wood Street gallery / SPACE gallery
The Pittsburgh cultural Trust, January 2019

"The Gia T. Presents work was visceral, thick, attentive. The intensity at the start of the performance was gripping and the dancers continued to deepen the thickness of the space, the interaction - like a dog that holds onto that thing in its mouth digs deeper, grinds down. Could not take my eyes away from the mystery of the questions they were asking."

Grisha Coleman, Associate Professor of Movement, Computation and Digital Media,
School of Arts, Media and Engineering, Arizona State University
Movement Research (2015), New York City, NY

"I hope you didn't "BLINK" and miss this one. Pittsburgh Improv Queen, Gia Cacalano, provided a structured free-for-all—five dancers and five musicians responded to Norwegian artist HC Gilje's light/space improvisation." WOOD STREET gallery Pittsburgh Cultural Trust

Jane Vranish, Pittsburgh Post-Gazette, December 20, 2012

"Wonderful performance! So inspiring! It was so great seeing you guys, hopefully it won't be so long before we see each other again."

Monstah Black of the "Illustrious Blacks" entertainment company and social justice activists,
Movement Research (2015), New York City

"Self-assurance based on skill, talent, hard work and insight like yours is a spreadable delight."

A Pittsburgh Public critique of solo "Candescence"
WOOD STREET GALLERY, Pittsburgh Cultural Trust
public responder *Harriet Stein* (2015)

"I also made it to a Gia Cacalano show. My only wish is that I could see more of her. The performance made my top 10 list." International/National Dance presented in Pittsburgh

Adrienne Tottino, The New Examiner (2016)

"Gia Cacalano collaborates with international ensemble in a mesmerizing new work" – "Each time I have watched these artists, they seem to be moved by a force outside themselves. Every performance

has a ritualistic quality, as if the planning parts of their brains turn off, and experience in pure form takes over. The result is exceptional.”

Adrienne Tottino, The New Examiner (2015)